ASPIRE SAFE TRUST RESPECT KIND PRIDE





Thursday 13th March 2025

Dear Parents/Carers,

We have some exciting news for you! We are taking part in Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 24 March- 4 April 2025. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event. Our Attendance Champions will greet the children on the gates with stickers to celebrate them taking part.

Including everyone

We want to make sure that everyone can get involved in the Sustrans Big Walk and Wheel. If you are unable to walk from home due to the distance, maybe try walking part of the journey.

Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. <u>A 2021 YouGov study</u> showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best away to bring down these pollution levels.

As a school, we will track the number of children taking part online, where we will be in competition with other local schools. Let's make Winnington Park the most active school in Northwich! Plus, there are some great prizes to be won every day if we get enough children taking part!

Yours Sincerely,

Mrs Williams













